

ELBA RIVERA GONZALEZ
Inter American University of Puerto Rico
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EDUCATION

Pontifical Catholic University of Puerto Rico Doctoral Degree in Clinical Psychology	2005-2013
Pontifical Catholic University of Puerto Rico Master Degree in Nursing Specialty in Psychiatric and Mental Health Secondary Role in Administration and Supervision	1990-1992
Pontifical Catholic University of Puerto Rico Bachelor Degree in Nursing	1979 - 1983

LICENSURE

NURSE SPECIALIST IN PSYCHIATRY AND MENTAL HEALTH	00284	1996 - 2026
GENERALIST NURSE	16047	1984-1996

EXPERIENCE

Inter American University of Puerto Rico Ponce Campus Nursing Program Auxiliar catedratic	2019-Present
Inter American University of Puerto Rico Ponce Campus Nursing Program Coordinator	2015-2019
Inter American University of Puerto Rico Ponce Campus Nursing Program Clinic coordinator	2014 - 2015
Centro Psicológico Renacer Ponce, PR Psicologic clinic	2013 – 2021
San Cristobal Hospital, Ponce PR Infection Control Consultant Risk Management Consultant Quality Consult	2013 - 2019
InterAmerican University of Puerto Rico Ponce Campus Nursing Program Instructor	2010-2012
San Cristobal Hospital, Ponce PR Epidemiologist Nurse	2002-2010

**Interamerican University of PR
Nursing Program
Part- time Instructor**

2002-2010

**San Lucas Hospital Ponce, PR
Epidemiologist Nurse**

2000-2002

**José N. Gándara Regional Hospital
Epidemiologist Nurse**

1997 -2000

**José N. Gándara Regional Hospital
Supervisor: Outpatients Department**

1996 -1997

**Ponce Paramedical College
Part- time Clinical Instructor for Licensed Practical Nurses**

1994-1995

**José N. Gándara Regional Hospital
Epidemiologist Nurse**

1992-1995

**José N. Gándara Regional Hospital
Clinical Nurse in Pediatric Department**

1984 - 1992

GRADUATE WORK

Research

Relationship between attitudes, anxiety and fear of death in a sample of health professionals in hospitals in the southern region of Puerto Rico.

Research mentor in graduate students

Publication

Migration and Mental Health: The Challenge of the 21st Century

Critical Analysis of a Research Article on Burnout

Managing Anxiety in College Students

Resilience: an important factor in facing adversity

The emotional effects of armed conflict on war veterans and their families

Child abuse: an epidemic in Puerto Rico

Myths and realities about the expression of anger

Church challenges in the face of the COVID 19

Emotional impact on the family of war veterans

The death penalty in Puerto Rico

Emotional codependency and victims of domestic violence

Myths and realities about the expression of courage

The profile of an aggressor

Child abuse: an epidemic in Puerto Rico

Euthanasia: Ethical and Legal Aspects in the Nursing Profession

Ebola: an emerging virus

How to talk to children about death

Let's talk about rage

Participation in professional organizations

Member of the CPEPR

Secretary of the CPEPR Regulation Commission

Adhoc Committee for the Review of the CPEPR Educator Standard

Vice president of the CPEPR economic assistance commission

Member of the Alto al Silencio Program

Member of Med Life Organization
 Member of Sigma Theta Tau organization
 Member of the ASCD

Other participation

Member of the well-being and quality of life committee	2025-Present
Student Nursing Association	2025- Present
Vicepresident student committee academic senate	2024-2025
Member of the search and selection committee director	2024
Member of academic senate	2022- 2024
Member of the well-being and quality of life committee	2021-2022
Honor program advisory committee member	2022-2023
Counselor of the Nursing Students Association	2019- 2020
Member of the Curriculum Review Committee	2019- 2024
Member of the Sabbath Licensing Committee	2017-2018
Member of the Assessment Committee	2016 – 2019
Member of Research Committee	2014- 2016
Member of the Occupational Health and Safety Committee	2012-2013

CONTINUING EDUCATION COURSES / CERTIFICATIONS

Continuing Education Course

Workplace Violence and the Implications for the ESOA Professional	(4 hours)	2025
Effective Emergency Intervention to Sexual Violence and Abuse	(2 hours)	2025
The Role of Spirituality in Clinical Practice: Tools for Health Professionals	(2 hourss)	2025
Artificial Intelligence in Healthcare: Trends and Implications in the Field of Nursing, a Necessary Reflection	(4 hours)	2024
Assertive decision-making	(3 horas)	2024
Bipolar Disorder and Nursing Care	(4 hours)	2024
Methadone Patient Management	(4 hours)	2024
Opium Overdose	(3 hours)	2023
Brain gymnastics: exercise your neurons	(4 hours)	2022
Nurse Professional Image	(2 hours)	2022
Prevention of violence and child abuse	(2 hours)	2022
Cultural Competence in the LGBTTIQ Population	(4 hours).	2022

Workshop

Service learning for strengthening

On self-esteem and development of values in university students

Maximization in the use of the electronic calendar

Educational Model: Collaborative Learning

Electronic Medical Clinical Record

Simulation I and II

Pixie Management

Assessment techniques

Innovative teaching strategies in education

Development and construction of evidence

Writing instructional objectives

Certification

Mental health first aid	2024
Protective Therapeutic Intervention (PTI)	2018

- Inter American University of Puerto Rico

Prevention of dating violence

- Fundación Alto al Silencio

Instructional design for distance learning environments

Virtual learning environments

- Inter American University of Puerto Rico
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Nurse Specialist Epidemiologist
Sagrado Corazón University
Santurce Campus

1994-1995

LECTURES AND CONFERENCES OFFERED (LECTURER)

- Effective Communication
UIPR; API
- Infection Control: HIV / AIDS, Hepatitis, TB (offered)
CPEPR
Chapter of Ponce
- Depression Workshop (offered)
Sponsor Sister Isolina Ferre
- Prevention and Control of Infection (offered)
Sponsor CPEPR
- Conversation related to issue affecting education (panelista)
Sponsor CPEPR
- Motivation Workshop (offered)
Sponsor CADE
- Lecturer for Seminars and Symposiums for Infection Control (offered)
sponsor the 3 M Company
- How to deal with death in educative scenarios (offered)
To Health professionals
Embassy Suites
- AH1N1 Virus and Nursing Professional Role (offered)
Nursing health professionals
UIPR Recinto de San Germán
- Alzheimer's patient management (offered)
Church Members
Iglesia Cristiana Misionera
- Psychological and emotional disturbances in the school milieu: (offered)
A healthy approach to Health Professionals
Embassy Suite
- Cultural Diversity (offered)
Embassy Suite
- Infection Control and Quality Consultant for Nurses at various hospitals: as part of their in service trainings

LANGUAGES

- Spanish – native language

COURSES

- NURS 1111 Fundamentals of Nursing
- NURS 1112 Fundamentals of Nursing Practice
- Nurs 1130 Fundamentals of Pharmacologic
- NURS 2352 Fundamentals of Pediatric Care
- NURS 2361 Fundamentals of Psychosocial Care

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- NURS 2362 Practice Fundamental Psychosocial Care
 - NURS 3100 Dimensions of Professional Practice
 - NURS 3115 Research
 - NURS 3140 Intervention in Psychosocial Transitions
 - NURS 4980 Integration Workshop
 - LIDE I : Dissertation
 - LIDE II: Second Dissertation